

Please watch the videos before choosing a specific fly pattern, they explain how to use Detached body pins, Wingburners and Wingmaterials. And how to tie in Wings/Wing-buds and Nymph-legs/Nymph-backs.

What you need:

J:son DBP medium and small.

J:son RWB G1-3 and RWM G1-3.

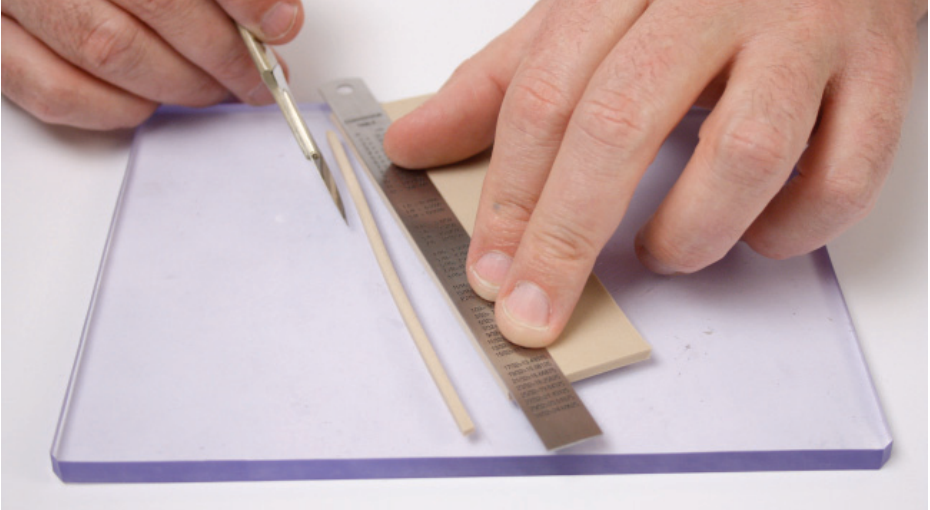
Foam in your choice of color cut into two strips about 2x3 and 2x3-2x4 mm.

Ostrich Feather or synthetic dubbing in your choice of color.

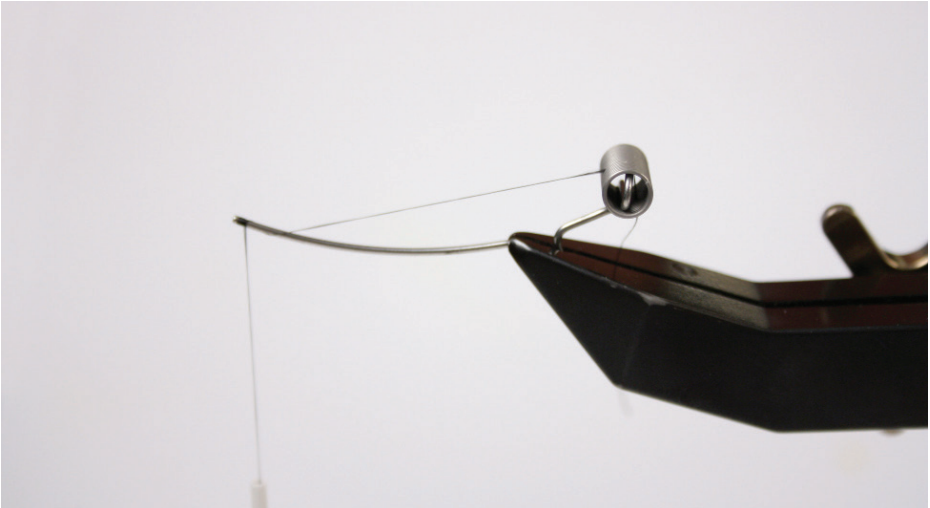
Synthetic brush fibers or microfibrils as legs.



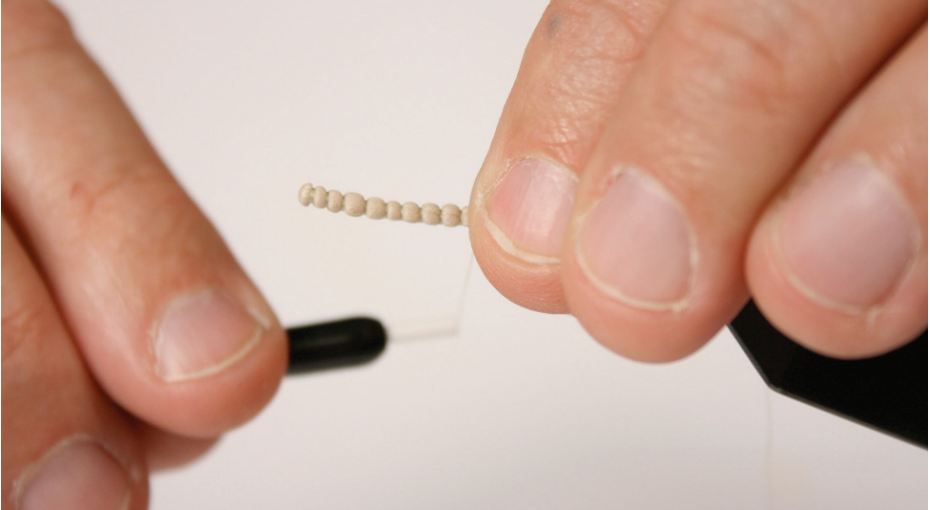
Rec. hook
Size 10/12/14



Cut two foam strips in your choice of color approx. 2x3 and 2x3-2x4 mm (depending on what size you want to tie).



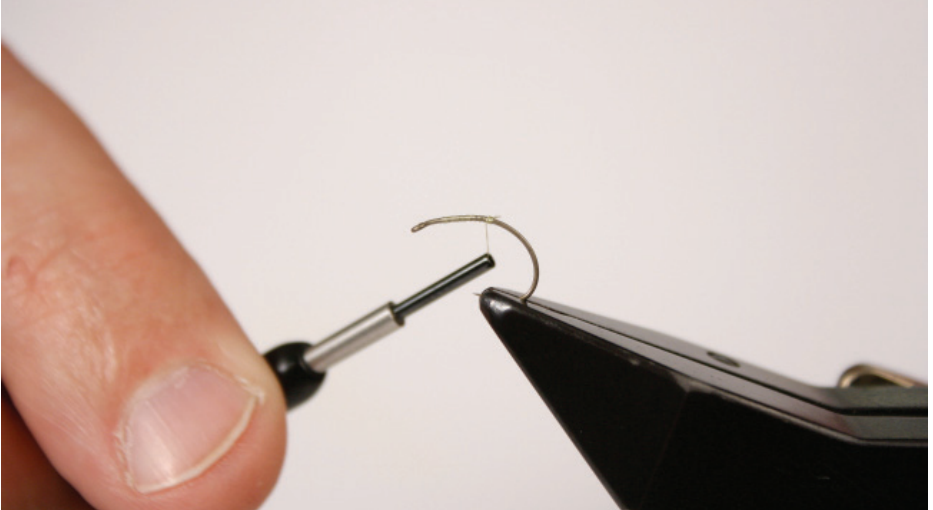
Secure your thread on the body pin.
(If you are uncertain how to use body pins, watch the video under “Fly tying” at jsonsweden.com)



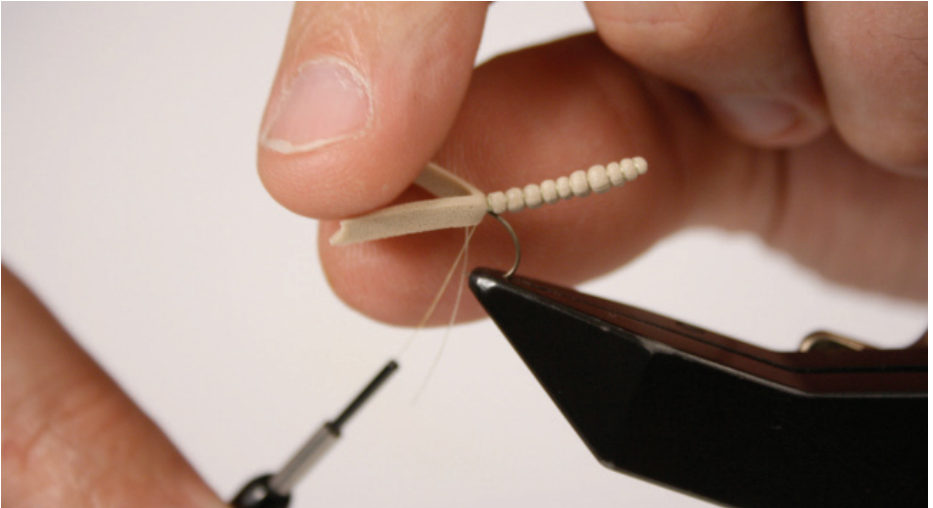
Fold the foam strip in half under the tip and pull it back upwards parallel with the pin. Tie in as close to the tip as possible with 3-4 turns and release your grip on the foam. Then wind your thread between the foam strips backwards one or two turns around the pin separately.



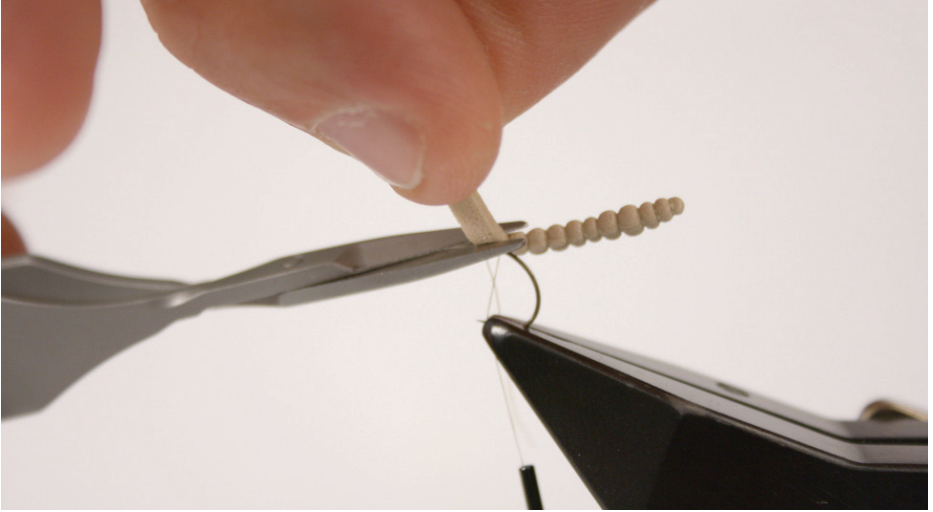
Stretch the foam backwards again, make 2-3 turns around both foam and pin for a first segment. Release the foam, 1-2 turns backwards on the pin, stretch the foam backwards and make a second segment. Repeat the process until you are satisfied with the length of the body and tie off. Use the Tying-Guides to get the right proportions.



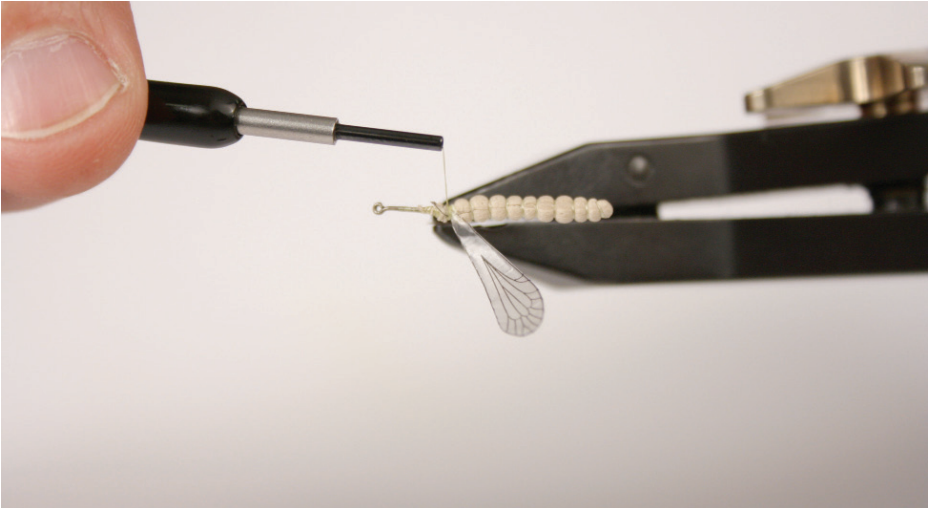
Secure your thread on the hook shank and place your thread at the beginning of the hook bend.



Tie in the abdomen and cross wire a few tight turns between the foam strips to prevent the body from rotating on the hook as you continue to tie your fly.



Cut away excess foam and secure your thread with a couple of tight turns.

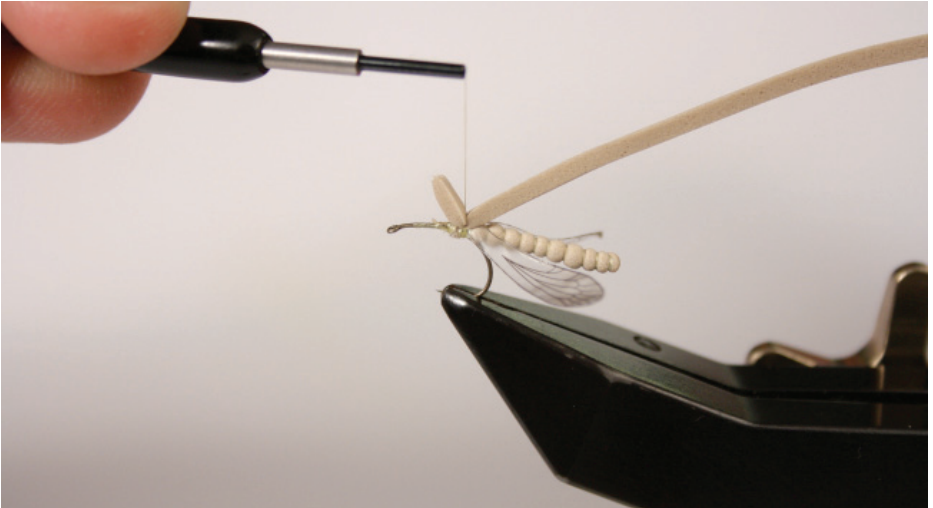


Tie in the first wing with a few tight turns, secure your thread and trim excess wing material.

(If you are uncertain how to make wings, watch the video under "Fly tying" at jsonsweden.com)



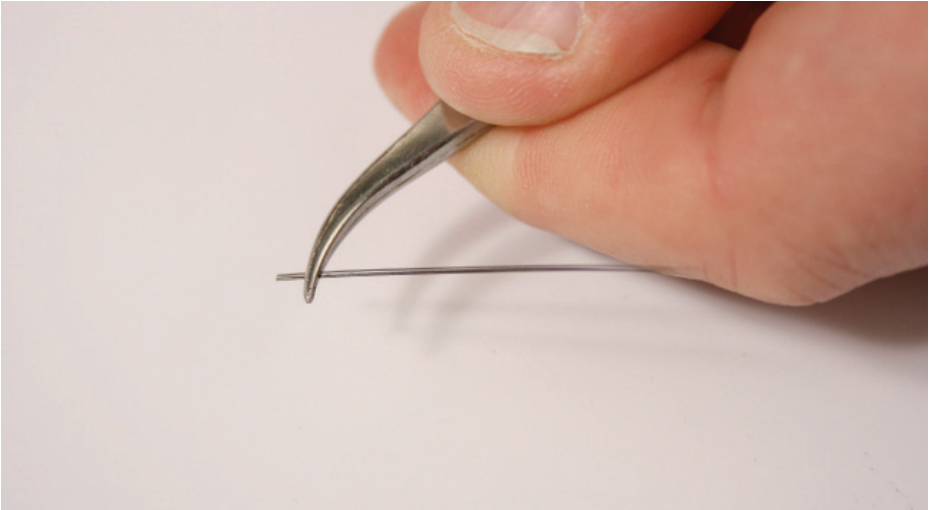
Tie in the second wing with a few tight turns, secure your thread and trim excess wing material.



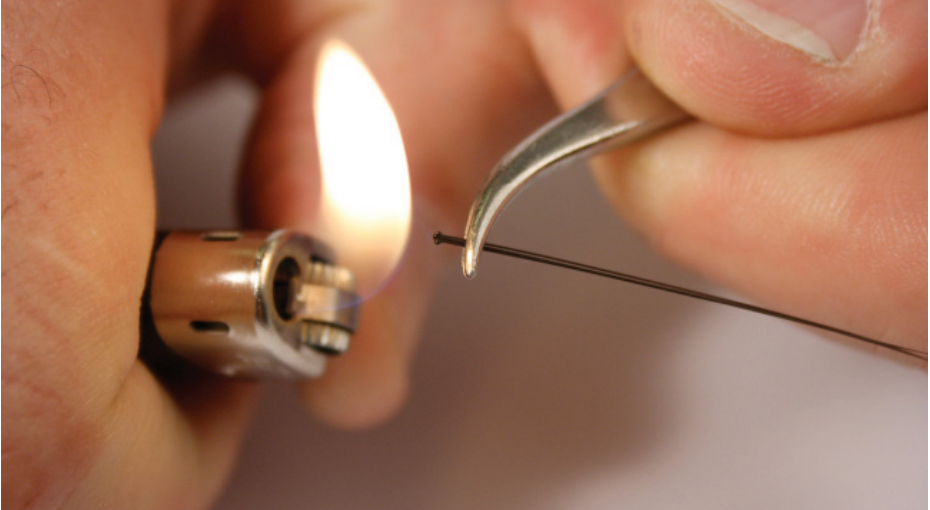
Tie in the second foam strip and tie it down and back to where you tied in the wings.



Cut off the excess foam and tie down the remains on the hook shank.



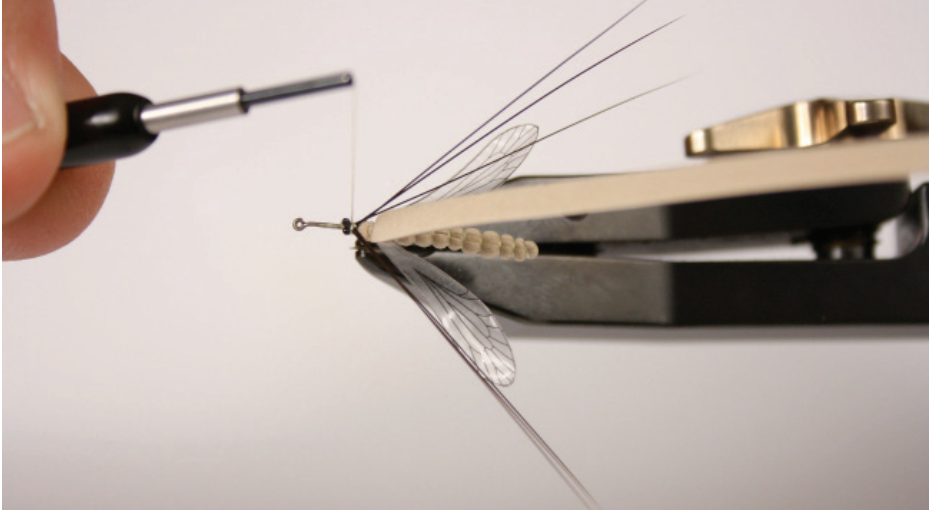
Take six synthetic fibers for legs. hold them in your tweezers three at a time, adjust the length and cut them about 2 mm in front of your tweezers.



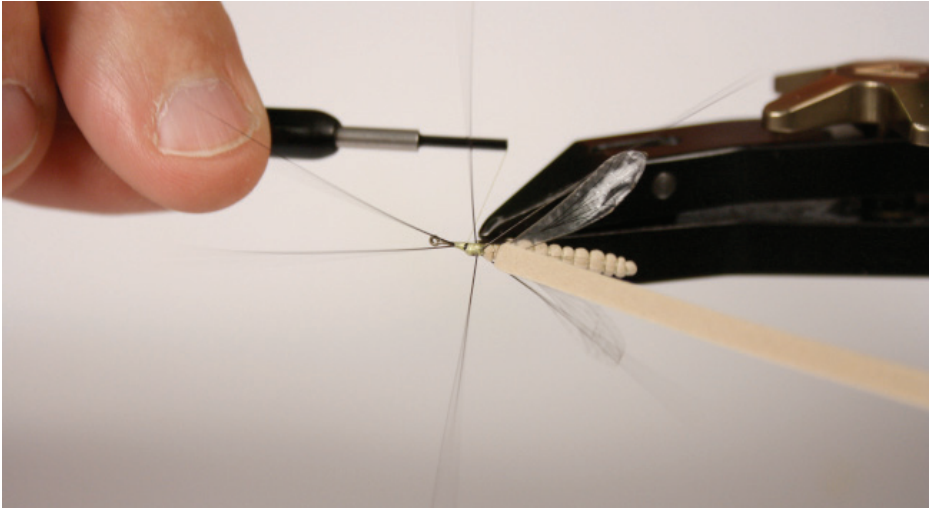
Take a lighter and burn them together creating a small bead – this prevents the legs from coming loose after you have tied them in.



Tie in the first set of legs with a couple of turns pull them to the right position and secure them with 3-4 tight turns.



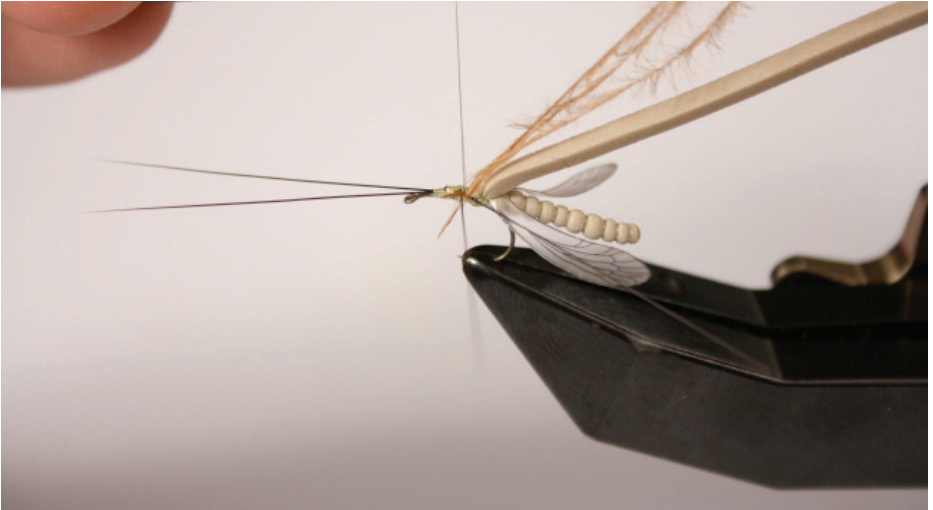
Repeat the process on the other side and secure with 3-4 tight turns.



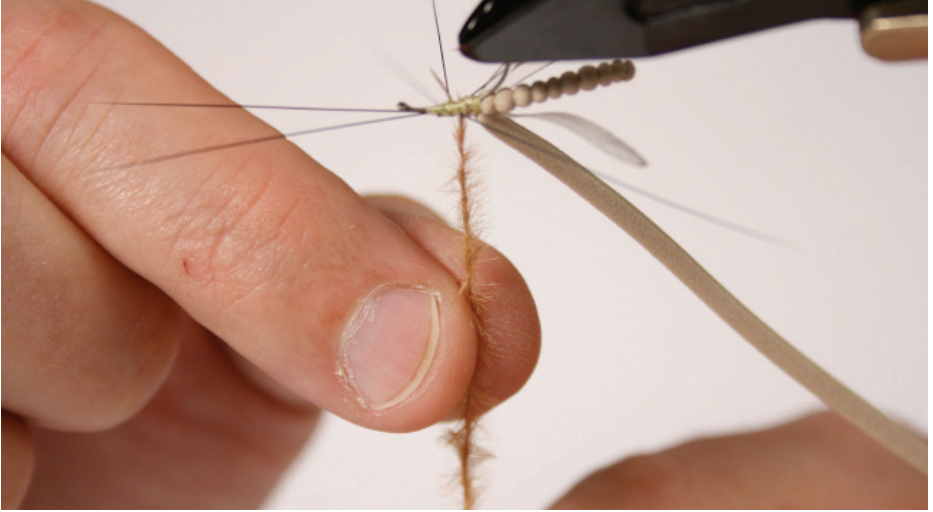
Cross wire between the legs to spread them so you get an even spacing between all legs.



Pick out a pair of long ostrich herls of good quality with lots of fiber.



tie in the ostrich herl just behind the legs and hold them parallel to your thread.



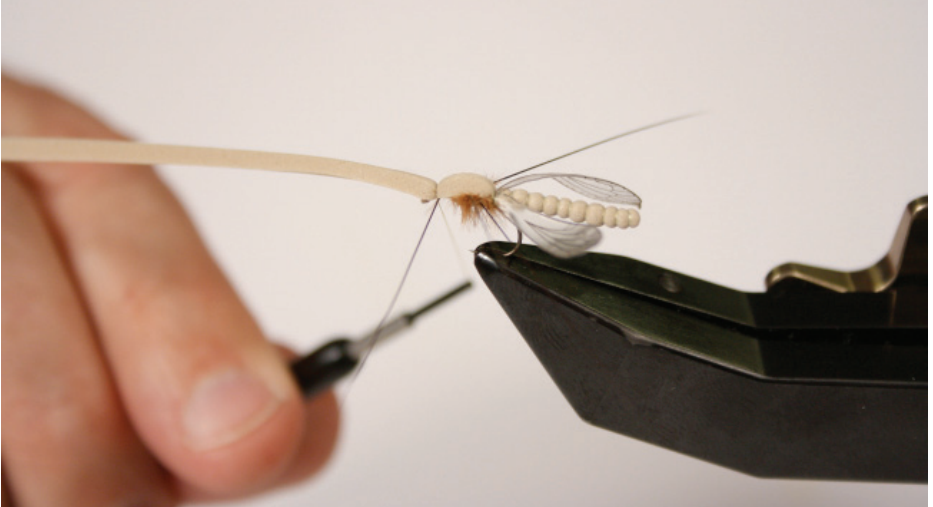
spin the ostrich herl together with your thread until you get a nice little ostrich hackle.



Wire the ostrich hackle in tight turns between the legs up to about 3-4 mm behind the hook eye.



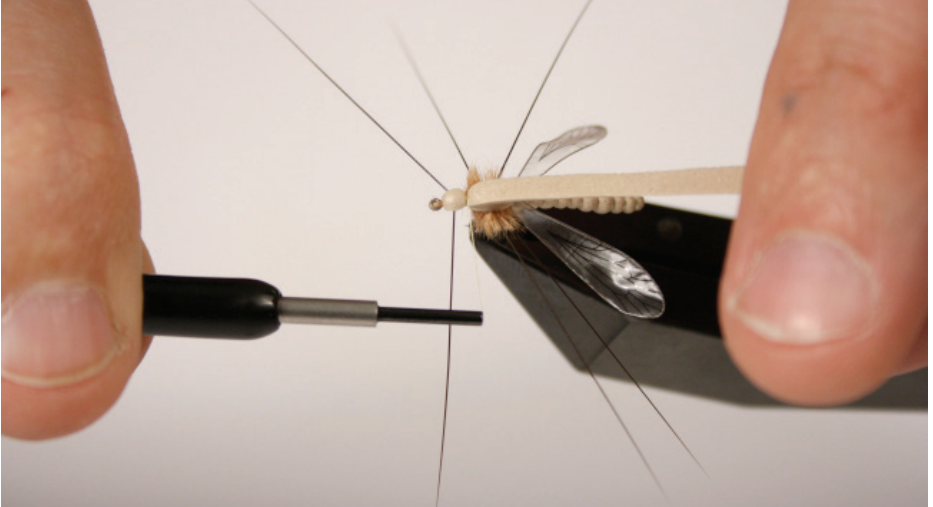
Secure the ostrich hackle with a couple of tight turns and trim off the remains.



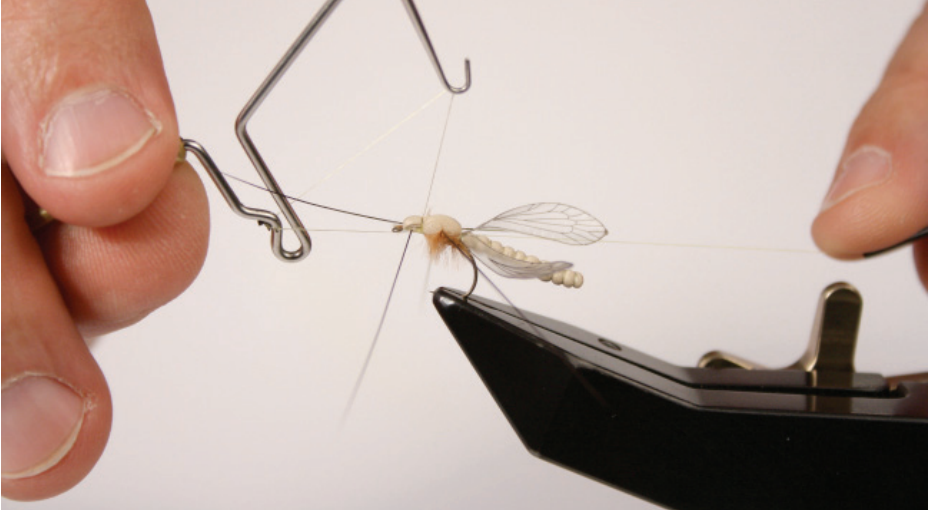
Fold the foam strip forward, stretch and tie in just behind the hook eye.



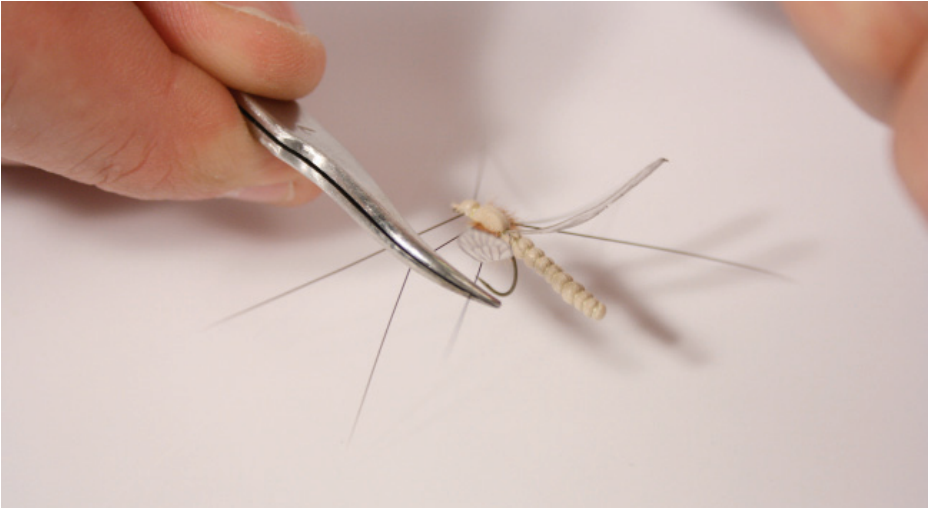
Wind your thread back about 3-4 mm from the hook eye.



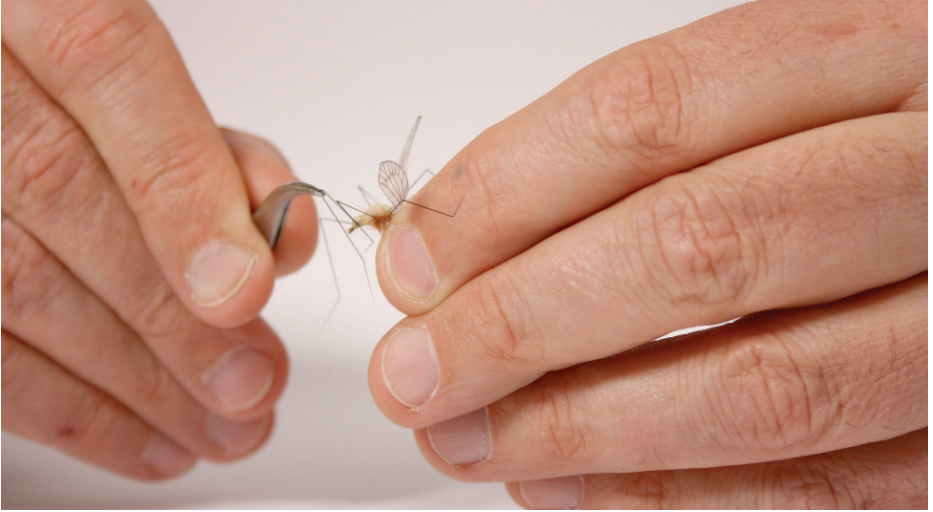
Fold the foam strip back again, stretch and tie in the foam with 2-3 tight turns to create a small head.



Cut off the excess foam, tie off with a whip-finish and cut your thread.



Use your tweezers to shape the legs. Make the first joint close to the body to tilt the leg upwards, then hold your tweezers so you have a little more than half of the leg left and tilt it down so you get a knee.



Finally, hold your tweezers so you have about 4-6 mm left of the leg and tilt it upwards again to create a little ankle. Repeat the process with all the legs and adjust them with your tweezers.



A dab of glue under the head and the fly is finished.