



Please watch the videos before choosing a specific fly pattern, they explain how to use Detached body pins, Wingburners and Wingmaterials. And how to tie in Wings/Wing-buds and Nymph-legs/Nymph-backs.

Use the TyinGuides, they will help you get the correct proportions.

What you need:

J:son DBP small and micro. J:son RWB M4-5 and RWM M4-5.

Foam in your choice of color cut into two strips

about 1x1-1x2 mm.

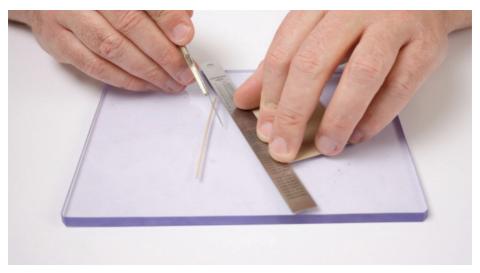
CDC or Hackle in your choice of color.

Synthetic brush fibers or microfibbets as tails.



Rec. hook Size 18/20





Cut two foam strips in your choice of color approx. IXI-IX2 mm (depending on what size you want to tie).

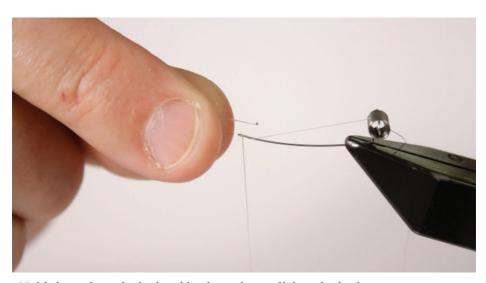


Take 3 synthetic tails. Hold them in your tweezers, adjust the length and cut them about 2 mm in front of the tweezers.



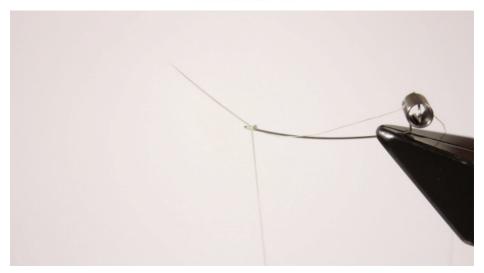


Take a lighter and burn them together creating a small bead – this prevents the tails from coming loose after you have tied them in.



Hold the tails with the bead backwards parallel to the body pin.



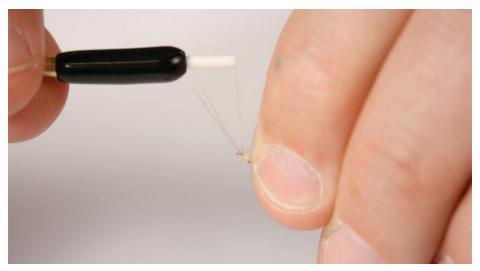


Tie in the tails with a couple of turns and pull them until the bead is just behind the tip and secure with 3-4 tight turns.



Fold the foam strip in half under the tip and pull it back upwards parallel to the pin.

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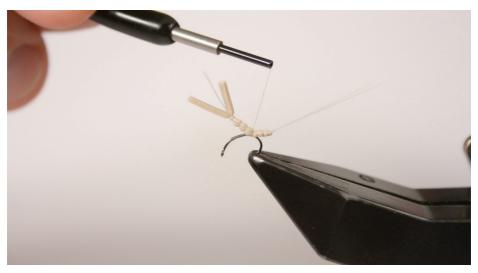


Tie in as close to the tip as possible with 3-4 turns and release your grip on the foam. Then wind your thread between the foam strips backwards one or two turns around the pin separately.

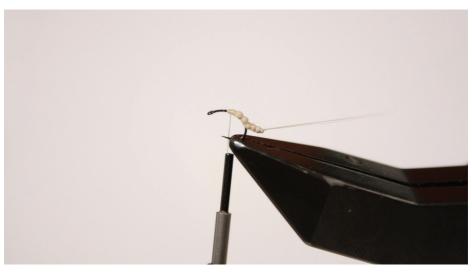


Stretch the foam backwards again, make 2-3 turns around both foam and pin for a first segment. Release the foam, 1-2 turns backwards on the pin, stretch the foam backwards and make a second segment. Repeat the process until you are satisfied with the length of the body and tie off. Use the Tying-Guides to get the right proportions.

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Secure your thread on the hook and tie back to the just above the end of the hook bend.

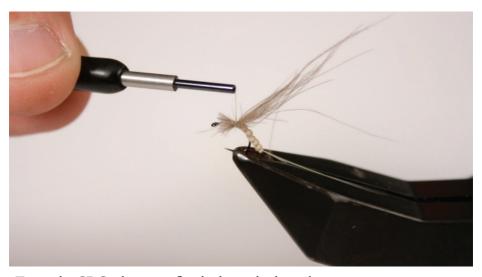


Tie in the body between the third and fourth segment with a few tight turns as shown. Move the thread a couple of turns up on the hook shank and tie in again between the next segments. Repeat the process until you tied the whole body to the hook shank. trim the excess.





Take a CDC feather and cut out a small stack of CDC fibers.



Tie in the CDC where you finished your body as shown.





Take your wings and hold them parallel to each other, then grab the wings so that you have the stems down.

(If you are uncertain how make wings, watch the video under "Fly tying" at jsonsweden.com)

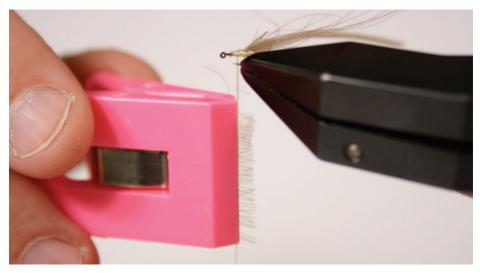


Hold the wings so that the stems protrude on either side of the hook shank and tie them in with a few tight turns.





Tie in the second the foam strip. Stretch and tie down to the point where you tied in the wings and trim the excess.



Take a CDC feather, hold it in a paper clip and cut off the stem. Split your thread and place the CDC fibers in the gap.





Stretch your thread so that the gap closes, remove the paper clip and spin your thread so you get a small CDC hackle.



Wind the CDC hackle in tight turns up to the hook eye.





Secure the CDC hackle with a few tight turns.



Fold the foam strip forward, strech and tie in just behind the hook eye and wind your thread back about 1-2 mm.





Fold the foam strip back again, stretch and tie in with 2-3 tight turns to create a small head.



Cut off the excess foam, tie off with a whip-finish and cut off your thread.





Trim the excess hackle on the underside of the fly, this allows it to sit properly in the water. Fine-tune the fly by cutting or removing unwanted fibers with scissors or tweezers.



A dab of glue under the head and the fly is finished.