

Adult Stone size 4-5



Please watch the videos before choosing a specific fly pattern, they explain how to use Detached body pins, Wingburners and Wingmaterials. And how to tie in Wings/Wing-buds and Nymph-legs/Nymph-backs.

Use the TyinGuides, they will help you get the correct proportions.

What you need:

J:son DBP small and micro.

J:son RWB A4-A5 and RWM A4-A5.

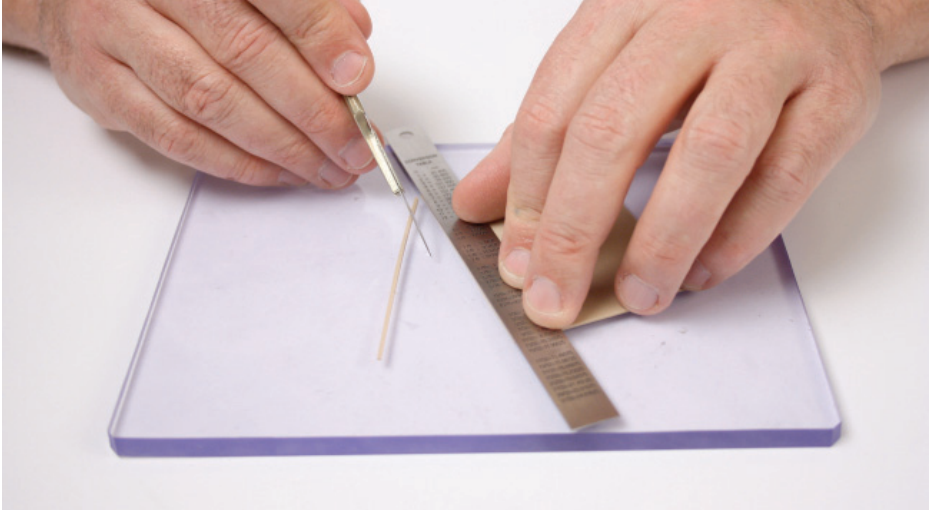
Foam in your choice of color cut into two strips about 1x1-1x2 and 1x2-1x3 mm.

Hackle or CDC in your choice of color.

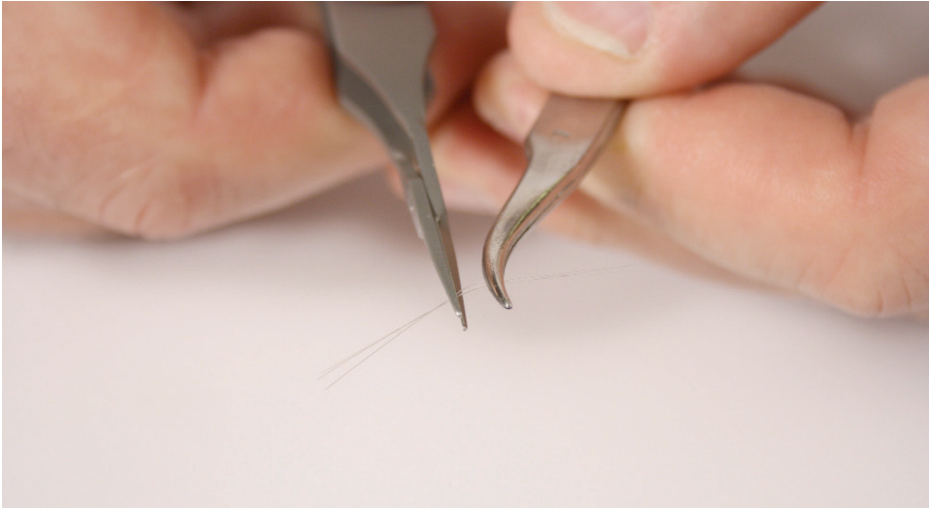
Synthetic brush fibers or microfibrils as tails and antennas.



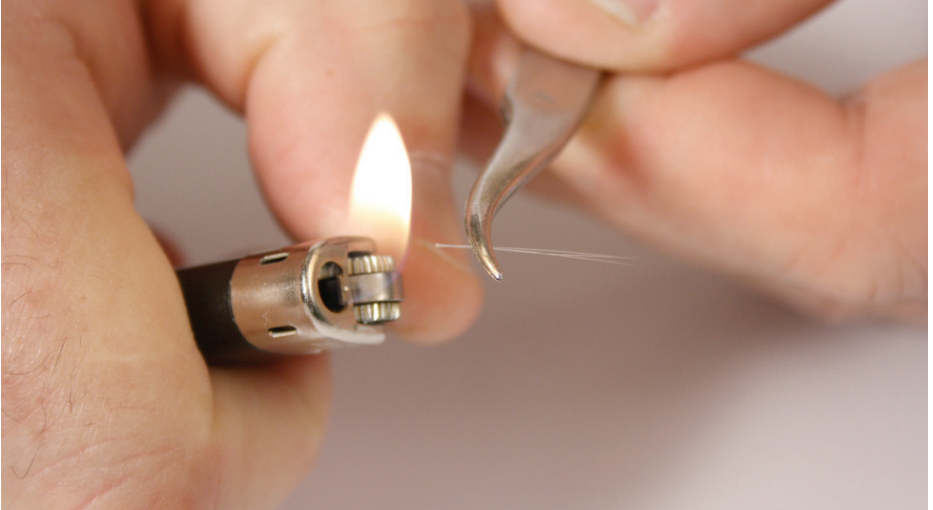
Rec. hook
Size 16/18



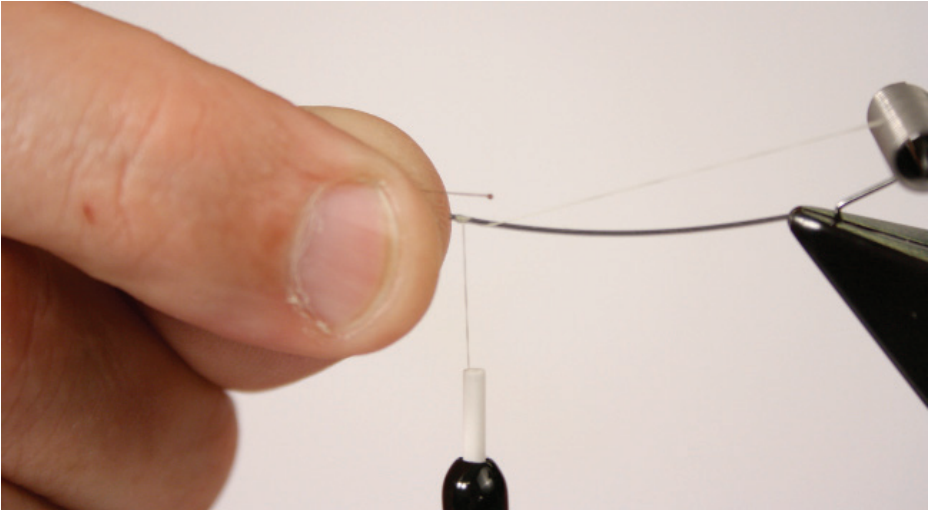
Cut two foam strips in your choice of color approx. 1x1-1x2 and 1x2-1x3 mm.
(Depending on what size you want to tie)



Take two synthetic tails hold them in your tweezers, adjust the length and
cut them about 2 mm in front of your tweezers.



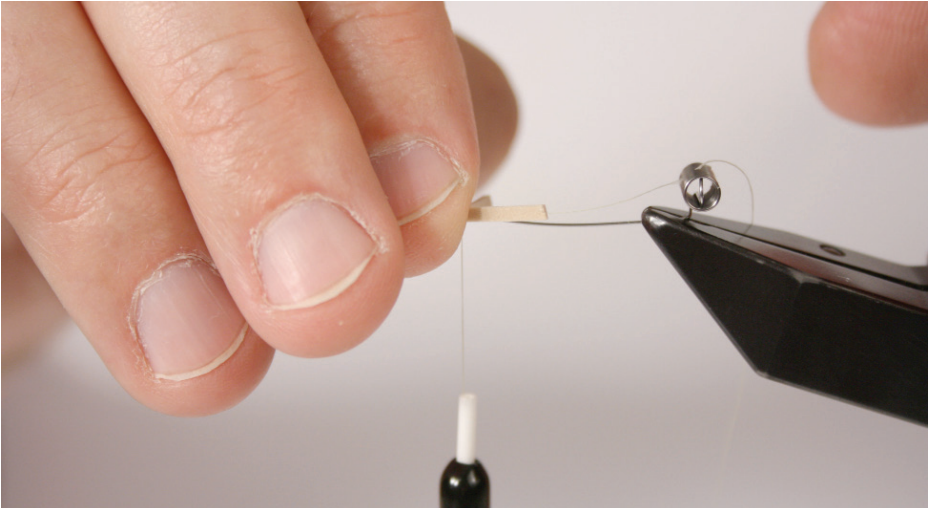
Take a lighter and burn them together creating a small bead – this prevents the tails from coming loose after you have tied them in.



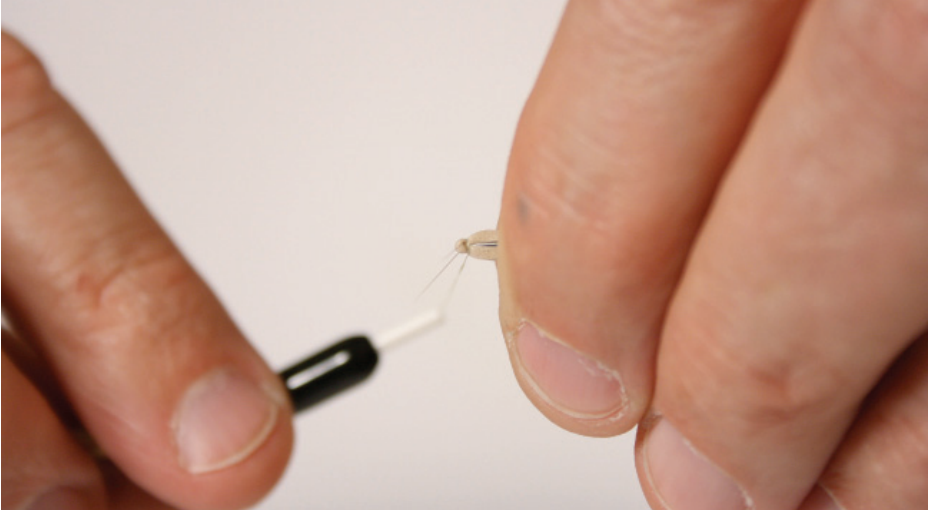
Hold the tails with the bead backwards parallel to the body pin.



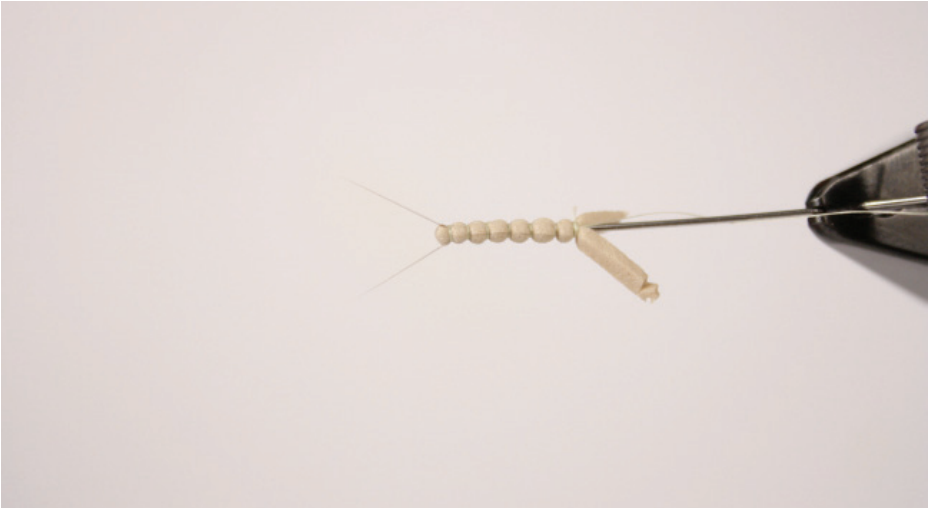
Tie in the tails with a few turns and pull them until the bead is just behind the tip and secure with 3-4 tight turns.



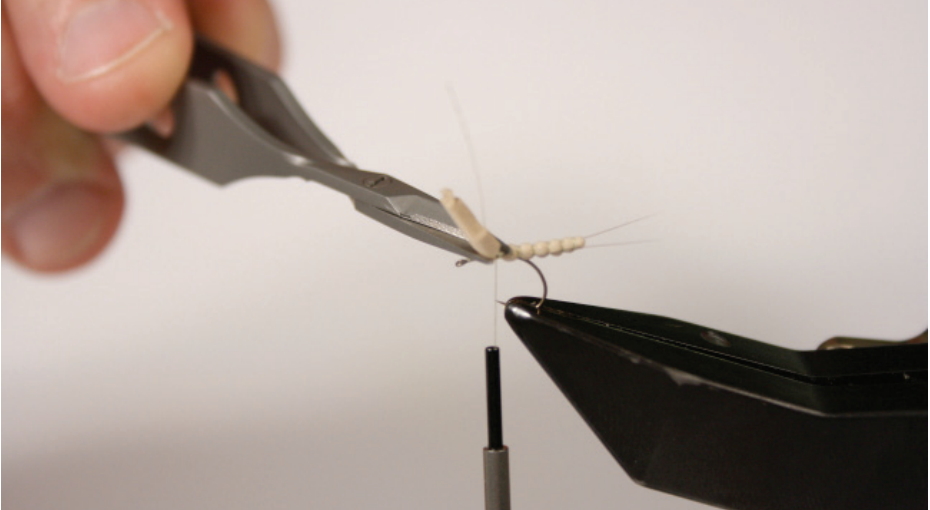
Fold the foam strip in half around the tip of the pin between the tails and stretch it backwards over and under parallel to the pin.
(If you are uncertain how to use body pins, watch the video under "Fly tying" at jsonsweden.com)



Tie in as close to the tip as possible with 3-4 turns and release your grip on the foam. Then wind your thread between the foam strips backwards one or two turns around the pin separately.



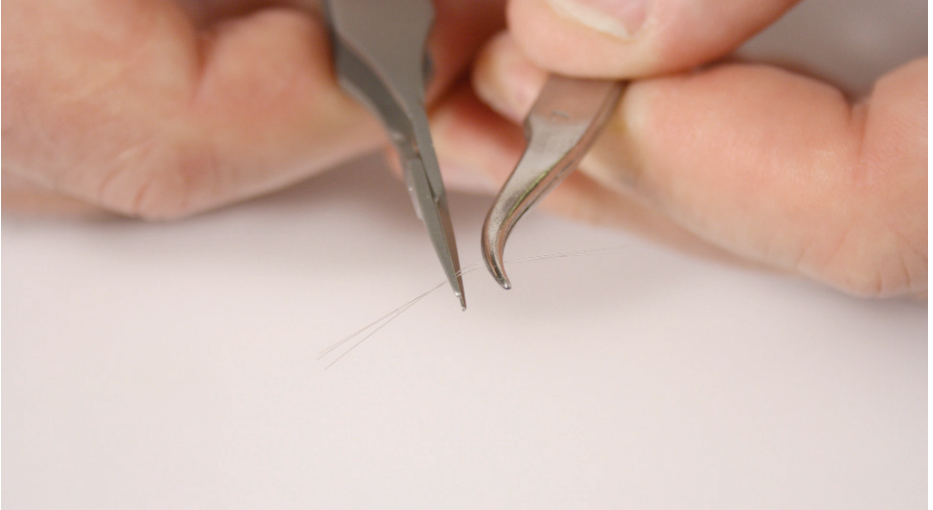
Stretch the foam backwards again, make 2-3 turns around both foam and pin for a first segment. Release the foam, 1-2 turns backwards on the pin, stretch the foam backwards and make a second segment. Repeat the process until you are satisfied with the length of the body and tie off. Use the Tying-Guides to get the right proportions.



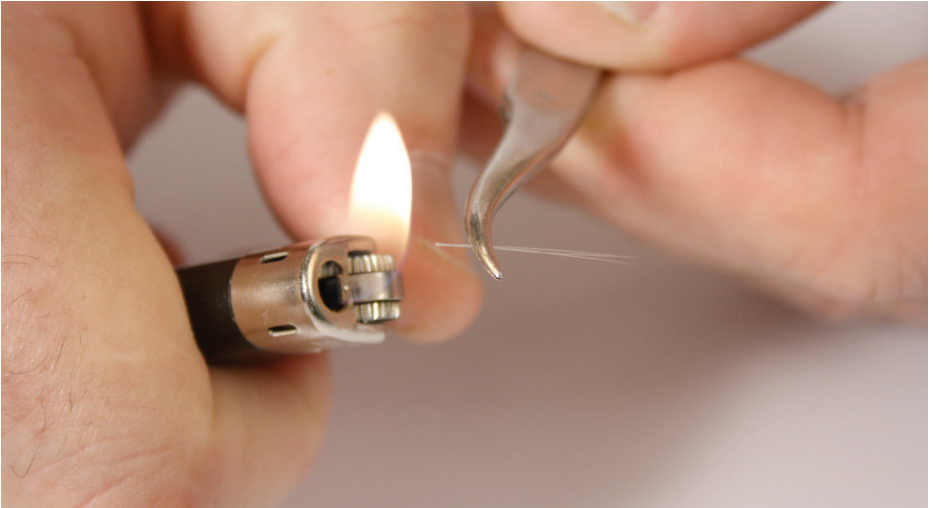
Secure your thread on the hook shank and tie in the body at the beginning of the hook bend. Cross wire a few tight turns between the foam strips to prevent the body from rotating on the hook as you continue to tie your fly. Cut off the excess foam and tie down the remains on the hook shank.



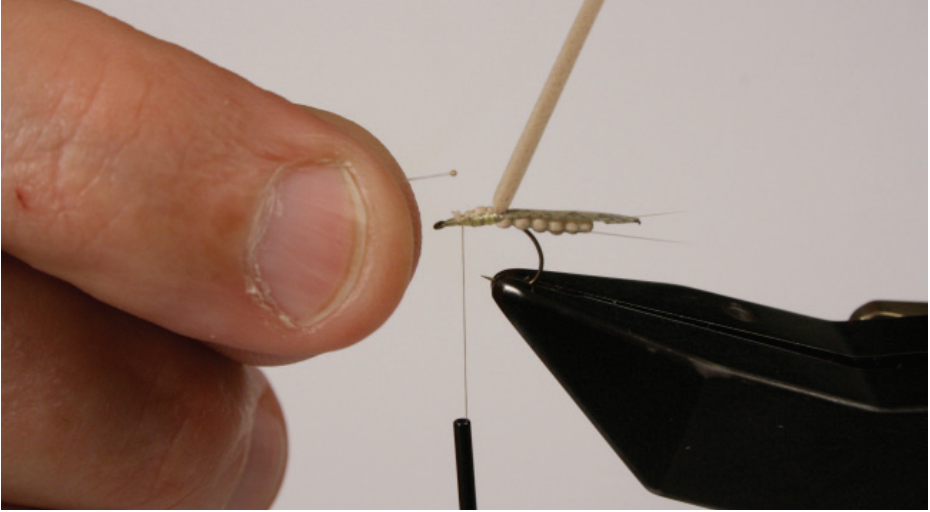
Take your wing, hold it in place horizontally over the abdomen, and tie in with a couple of tight turns.
Use the Tying-Guides to get the right proportions.
(If you are uncertain how to burn the wings, watch the video under "Fly tying" at jsonsweden.com)



Take two synthetic antennas. Hold them in your tweezers, adjust the length and cut them about 2 mm in front of your tweezers.



Take a lighter and burn them together creating a small bead – this prevents the antennas from coming loose after you have tied them in.



Trim the excess wing material and tie down the remains on the hook shank. tie in and back the second foam strip in front of the wingbase. Hold the antennas with the bead backwards parallel to the hook shank and tie in, Pull the antennas to the right position and secure with 3-4 tight turns.



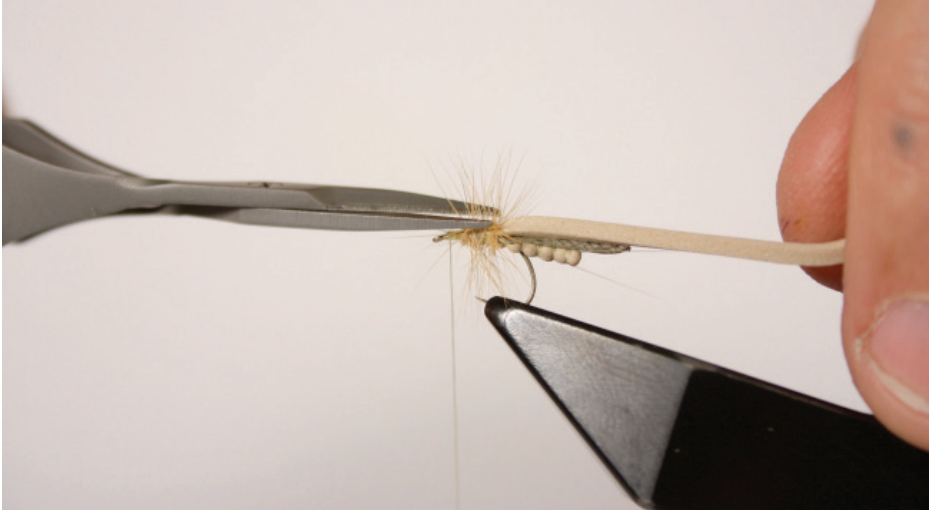
Take a hackle of your choice, spread out the fibers by using the thumb and forefinger and tie in just in front of the foam strip.



Stretch and spin the hackle around your thread, this way you get a stronger and bushier hackle. wind it in tight turns up to about 1-2 mm behind the hook eye.



Secure the hackle, cut off the excess and secure your thread.



Trim the excess hackle on top of the fly.



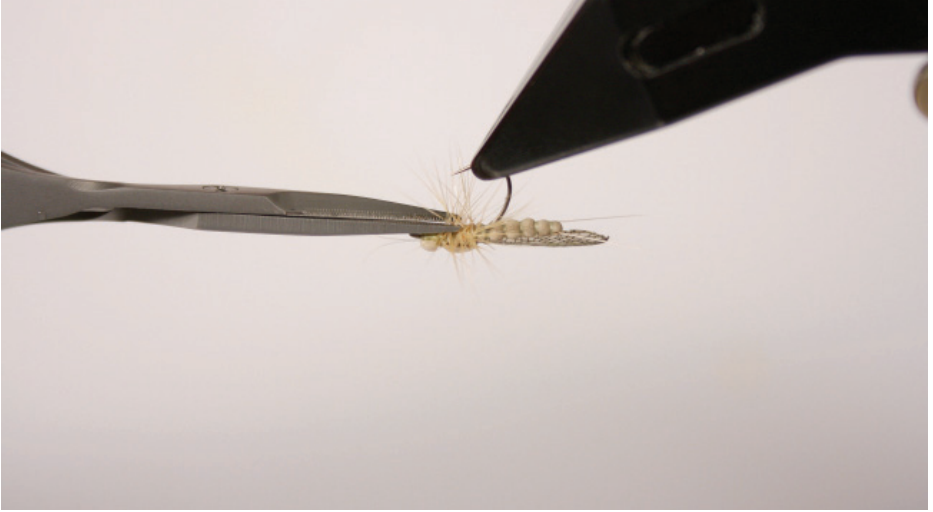
Fold the foam strip forward, tie in the foam just behind the hook eye and wind your thread backwards about 1-2 mm.



Fold the foam strip back again, stretch and tie in with 2-3 tight turns to create a small head.



Cut off the excess foam, tie off with a whip-finish and cut off your thread.



Trim the excess hackle on the underside of the fly, this allows it to sit properly in the water. Fine-tune the fly by cutting or removing unwanted fibers with scissors or tweezers.



A dab of glue under the head and the fly is finished.