



Please watch the videos before choosing a specific fly pattern, they explain how to use Detached body pins, Wingburners and Wingmaterials. And how to tie in Wings/Wing-buds and Nymph-legs/Nymph-backs.

## What you need:

J:son RWB G2-4 and RWM G2-4.

Foam cut into three strips I black about 2x3 mm and 2 yellow about 2x3 and 2x5-2x6 mm.

Black monofilament for eyes.

Hackle Black alt. Cree/Variant.

Synthetic brush tails or MicroFibbets as antennas.



Rec. hook Size 10/12



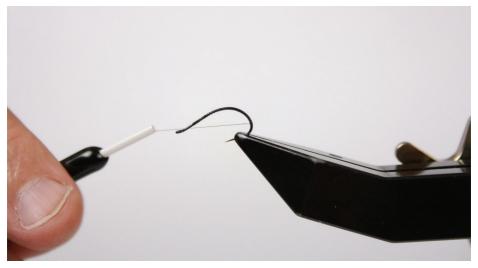


Cut two yellow foam strips approx. 2x3 and 2x5-2x6 mm (depending on what size you want to tie).

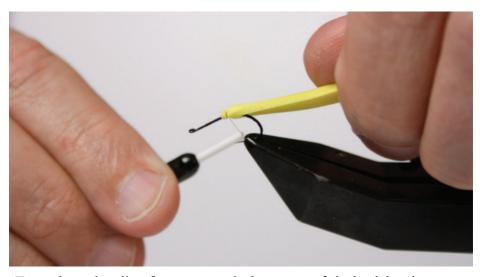


Cut a black foam strip approx. 2x3 mm.



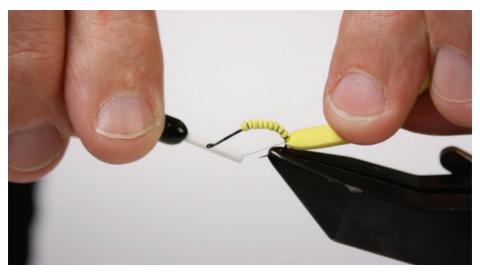


Secure your thread on the hook shank, wind it back below the center of the hook bend and take your thread back to the top of the bend again.

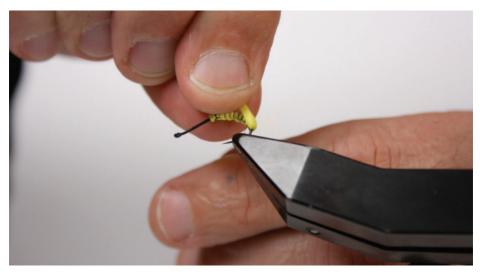


Tie in the wide yellow foam strip at the beginning of the hook bend.



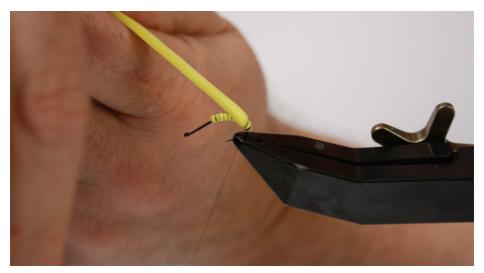


Tie down the foam with loose turns below the middle of the hook bend the and secure your thread with some tight turns.

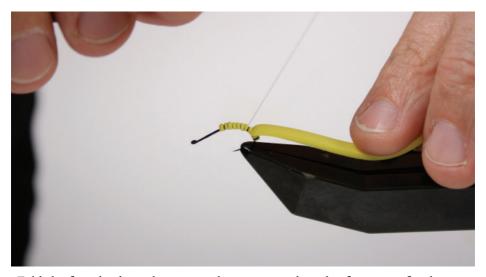


Fold the foam strip forward and tie in with some tight turns for your first small segment.

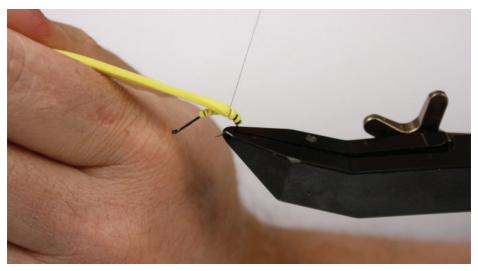




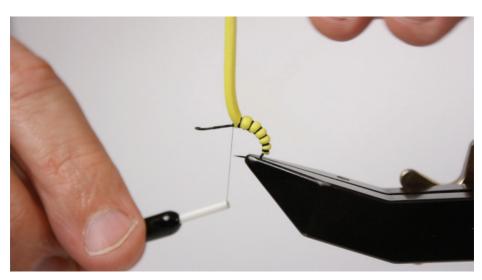
Fold the foam backwards and move your thread upwards the hook shank a couple of turns. Fold the foam foreward again and tie in with some looser wraps to make your second segment.



Fold the foambackwards again and , wire your thread a few turns further up the hook shank.



Fold the foam foreward and create your third segment with a few loose turns.



Repeat the process with all segments until you tied a tapered body up to were you tied in the foam strip.





Cut off the excess foam and tie down the remains hard on the hook shank.



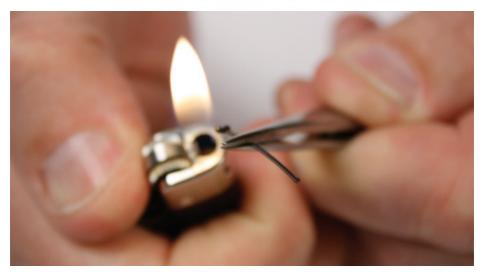
Tie in the black foam strip just in front of the abdomen, then cut off the excess foam and tie down the remains on the hook shank.



Take your hackle and spread the fibers with your thumb and forefinger. Tie in the hackle in front of the foam strip, and spin it together with your thread, this way, you get a stronger and bushier hackle.



Wind the hackle foreward in tight turns to about 3-4 mm behind the hook eye, secure it with a few tight turns and cut away the excess. Tie in the other yellow the foam strip and tie it down behind the hook eye.



Take two pieces of black monofilament and cut them to the same length. center them in a fine-tipped tweezers and melt them down on both sides with a lighter.

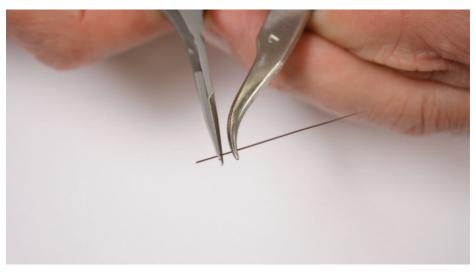


Make sure that you do not melt them to much, then chances are that they float out to the metal and lose their round shape. The finished eyes should look like the picture above.





Tie in the eyes just behind the hook eye and crosswire to lock them in place.

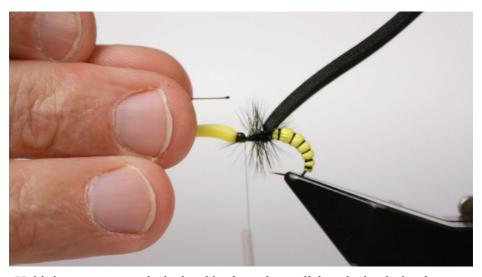


Take two black synthetic antennas, hold them in your tweezers, adjust the length and cut them about 2 mm in front of your tweezers.





Take a lighter and burn the antennas together so that a tiny plastic bead is created – this prevents the antennas from coming loose after you have tied them in.



Hold the antennas with the bead backwards parallel to the hook shank.





Tie in the antennas with a few tight turns and make sure that they are positioned on either side of the foam. Then go back with your thread to were you tied off the hackle.



Fold the black foam strip foreward, stretch and tie in about 2-3 mm behind the eyes.



Cut off the excess foam and tie down the remains on the hook shank.



Tie in the first wing with a few tight turns and remove excess wing material. (If you are uncertain how to make wings, watch the video under "Fly tying" at jsonsweden.com).



Tie in the second wing with a few tight turns, secure your thread and remove excess wing material. Fold back the yellow foam strip, stretch and tie in right behind the eyes with some tight turns.



Cut off excess foam, tie off with a whip-finish and cut off your thread.



Hold the antennas (one at a time) in your tweezers, cut them off, leaving 1-2 mm and burn them to the desired length.



Trim the excess hackle on the underside of the fly, this allows it to sit properly in the water. Fine-tune the fly by cutting or removing unwanted fibers with scissors or tweezers.

A dab of glue under the head and the fly is finished.